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## Evaluation of Hemolysis Activity of Zerumbone on RBCs and Brine Shrimp Toxicity

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### Abstract:

Zerumbone is a well-known compound having anti-cancer, anti-ulcer, anti-inflammatory and anti-hyperglycemic effects. During its use for the disease treatment, the membrane of erythrocyte can be affected by consumption of this bioactive compound. The current study was the first report of investigation of the hemolytic activities on human erythrocytes and cytotoxic profile of zerumbone. The toxicity of zerumbone on human erythrocytes was determined by *in vitro* hemolytic assay. Brine shrimp lethality assay was used to evaluate the cytotoxic effect of zerumbone at concentrations 10, 100 and 1000 µg/mL. The human erythrocyte test showed no significant toxicity at low concentrations, whereas hemolytic effect was amplified up to 17.5 % at the highest concentration. The half lethal concentration (LC<sub>50</sub>) value of zerumbone against brine shrimp was less than 1000 µg /mL (LC<sub>50</sub>=190 µg/ml) showing the significant toxic nature of this compound. These results provide a baseline in terms of the toxicity of therapeutic formulations from this compound to membrane erythrocytes with a great attention to the highest concentrations, which paves promise for drug development.

**Key words:** Erythrocyte, Hemolytic activity, Toxicity, *Zingiber zerumbet*

### Introduction:

Plant-derived bioactive compounds are well flourished for their pharmacological capacities and therapeutic actions in the prevention and treatment of different ailments. Recently, the researcher made attempts to develop drug from some potential candidates (1,2,3). It is general precautionary practice to screen natural sources for their cytotoxic and hemolytic property before developing them into pharmaceutical agent as it will predict the possible toxic effects on mammalian cells (4). Zerumbone is a major bioactive compound derived from the rhizomes of *Zingiber zerumbet* (Smith) that has been traditionally used for the treatment of stomach ulcer, diarrhea and anti-inflammatory (5, 6). The methanolic and dichloromethane extract of rhizomes of *Z. zerumbet* had been reported to possess anti-larvicidal property (7), whereas the ethyl acetate extract of this plant was reported for

providing protection to erythrocytes from the oxidative damage induced by hydrogen peroxide (8). In these reported manuscript, only extracts were tested, and predicted zerumbone as the possible compound responsible for these activities. Even though, several pharmacological studies on zerumbone have been reported in literature (9), the hemolytic capacity of zerumbone towards erythrocytes has not been scientifically reported yet. Thus, this study was carried out to test *in vitro* the effect of zerumbone on human erythrocytes and evaluated the cytotoxic activity against brine shrimp larvae.

### Materials and Methods:

#### Materials:

The extraction of pure zerumbone (Fig .1) crystals from *Zingiber zerumbet*(L.) Smith, its

preparation and characterization is well reported in previously published manuscript (6). Briefly, volatile oil from freshly sliced zerumbet rhizomes was extracted through steam distillation process and its crystals were obtained by using absolute hexane 100%. The pure crystals of zerumbone was obtained by repeating the crystallization process thrice with absolute hexane, and stored at 4 °C until use. A stock solution (20 mg/mL) of zerumbone was made in 100% DMSO and 100% methanol for hemolysis and brine shrimp assay, respectively.

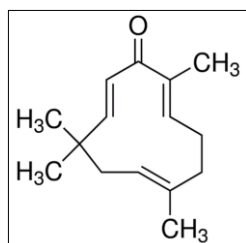


Figure 1. Chemical Structure of Zerumbone

#### Hemocompatibility assay for zerumbone

The lytic effects of Zerumbone were estimated according to Ghramh *et al* (7) with minor modifications. Three mL of human blood was withdrawn using anticoagulant agent EDTA (10) in compliance with Compound dissolved in 100% DMSO and then diluted in PBS for experiment, from here, 10, 5, 2.5  $\mu$ L was picked up to make 1000, 500 and 250  $\mu$ g/mL, respectively. The erythrocytes were washed three times with PBS followed by 25x dilution with PBS to obtain approximately 4% concentration of hematocrit. The RBCs suspension (100  $\mu$ L) was placed in 96-well cell culture plates in triplicates. Three concentrations of zerumbone were prepared represented in 250, 500 and 1000  $\mu$ g/mL was added to the RBCs cells and incubated at 37 °C for 1 hour to allow for hemolysis process to take yield. After incubation, the plate was centrifuged for 10 min at 2500 rpm. The supernatants (100 $\mu$ L/well) were transferred to a new 96-well plate; the absorbance of the yield was logged at 576 nm in a microplate reader (MultiSkan Go, Thermo Scientific). Several wells containing RBCs suspension (100  $\mu$ L) were treated positive and negative control solutions, Triton X-100 (0.5%) and PBS respectively furthermore wells examined by 2% DMSO as solvent control.

#### Brine shrimp (*Artemia ranciscana*) lethality assay

Artificial sea water at pH 7.4 was prepared by dissolving 38g of sea salt in 1 L of distilled water, and poured in small side of hatching tray, so that water flows to large side through holes on the

partition wall. When water level is equilibrated on both sides, 25 mg of brine shrimp egg was added on small side and covered with aluminum foil to protect from light whereas other side will be exposed to light so that grown motile larvae will move to large side from the holes in the partition wall. These active larvae were collected in jar. 10 motile nauplii per vial were added in glass vial which already contained zerumbone at different concentrations (10, 100 and 1000  $\mu$ g/mL) dissolved in methanol, which was evaporated prior to addition of larvae. DMSO will not evaporate so it affects growth of larvae; therefore, it was not used. Then 5mL of sea water was added to each vial and incubated at 27°C for 24 h under light. Next day, numbers of dead and live larvae were counted and analyzed % mortality at each concentration by using below mentioned formula and LC<sub>50</sub> was calculated from the MS-Excel graph (11).

$$\% \text{ mortality} = \frac{\text{Number of dead larvae after 24 h}}{\text{Total number of both live and dead larvae}} \times 100.$$

#### Result:

##### The Lytic Effect of zerumbone on Red Blood Cells

The percentage of hemolytic activity of zerumbone increased with increasing concentration in a dose-dependent manner. Zerumbone-induced hemolytic effect against human RBCs and promoted 17.5 % of hemolysis at the highest concentration 1000  $\mu$ g/mL was used as shown in Fig. 2.

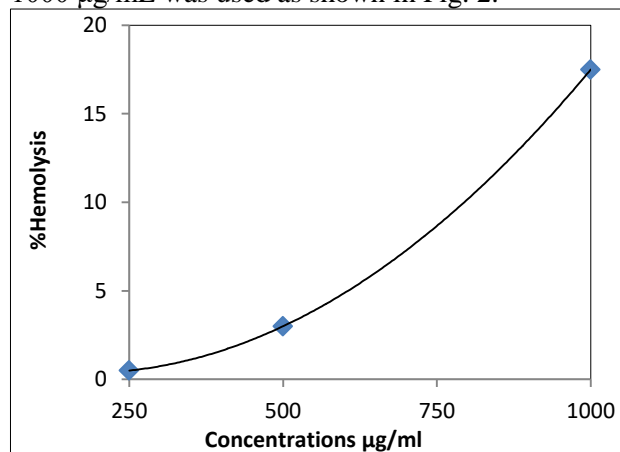


Figure 2. Hemolysis percentage of human RBCs effected by zerumbone after incubation for 60-minute.

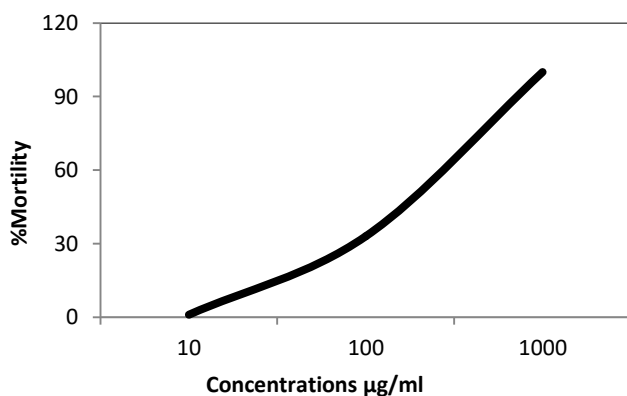
#### Cytotoxicity assay

Brine shrimp lethality assay was performed for evaluation the cytotoxic nature of zerumbone. In Table 1, the result shows that the percentage mortality of brine shrimp larvae was increasing gradually and the inhibition percentage increased according to zerumbone concentrations. The

mortality rate was considered to be 100% at concentration of 1000  $\mu\text{g}/\text{mL}$ . The  $\text{LC}_{50}$  value was found to be 190  $\mu\text{g}/\text{mL}$ .

**Table 1. Mortality percentage of shrimp nauplii after treating with zerumbone**

Concentration ( $\mu\text{g}/\text{mL}$ )	%Mortality	$\text{LC}_{50}$ ( $\mu\text{g}/\text{mL}$ )	Graph
10	1		
100	33	190	Figure 3
1000	100		



**Figure 3. Mortality percentage of human RBCs effected with incubation of zerumbone for 24 hour assayed by brine shrimp *nauplii* larvae lethality assay**

### Discussion:

Since ancient time, plants have been used for the treatment of several diseases; thus, researchers are excessively interesting in the area of ethno pharmacology to develop drugs (12,13,14,15,16,17). Moreover, Zerumbone has been reported as one of the most active chemotherapy against various types of cancers (18); therefore, it is important to explore on its hemolytic capacity that may be considered as interest for drug development which in turn may prevent myelosuppression, the most side effects of cancer chemotherapy (19). In the laboratory, human erythrocytes represent a good routinely model to screen the biocompatibility and biological safety of new drugs, because that blood is readily available and cells are easy to isolate from the blood (20). Nevertheless, the hemolysis assay is useful for studying the relation of injectable drugs toward plasma membrane injury and also can be used as a sensible indicator of damage against non-target cells (21). In this study, zerumbone demonstrated 4 and 17% hemolysis at 500 and 1000  $\mu\text{g}/\text{mL}$ , respectively. As the hemolysis of RBCs did not reach 25%; therefore, it indicates that the zerumbone is relatively safe. This is in accordance

with an earlier guidance on hemolysis, which says any compound possessing more than 25% hemolysis are highly risky for the hemolysis with severe side effects (20).

Due to simple and cost effective nature of Brine shrimp lethality assay, it has been extensively used to screen the toxicity level of different pesticides and natural compounds to determine the  $\text{LD}_{50}$  dose (22). Riaz *et al.*, (23) who stated that substances from natural products were known as toxic if the  $\text{LC}_{50} \leq 1.0 \text{ mg}/\text{mL}$ . In this study, zerumbone possessed cytotoxic effect against brine shrimp larvae since the  $\text{LC}_{50}$  values was 190  $\mu\text{g}/\text{mL}$ . Bucker *et al.*, (24) evaluated the methanolic and dichloromethane extract of *Z. zerumbet* rhizome against brine shrimp, *Anopheles nuneztovari*, and *Aedes aegypti* larvae. Dichloromethane extract with  $\text{LC}_{50} = 40 \mu\text{g}/\text{mL}$  was more toxic than methanolic extract with  $\text{LC}_{50} = 127 \mu\text{g}/\text{mL}$  on all three tested larvae, and even predicted zerumbone for anti-larvae activity. In pursuance of that prediction, pure zerumbone was tested on brine shrimp larvae and found its toxic nature on these larvae. As, it showed lethality against brine shrimp; therefore, it might be possible that it could also kill mosquito larvae at higher concentration which need to be confirmed experimentally.

Till date, many anti-tumor compounds had been reported against many cancers but due to their cytotoxic nature on host normal cells especially on erythrocytes made them ineligible for systemic circulation. Due to which, many compounds failed to progress in different phases of drug discovery. As zerumbone is also well known for its antitumor, anti-inflammatory property; therefore, it is necessary to check its effect of human erythrocytes. Previously, Sam *et al.*, (8) reported the protective effect of lower dose of ethyl acetate extract of *Z. zerumbet* on RBCs that were exposed to hydrogen peroxide. Ethyl acetate extract at 6.25  $\mu\text{g}/\text{mL}$  demonstrated the highest protection effect on RBCs from deleterious effect of hydrogen peroxide, whereas at 50  $\mu\text{g}/\text{mL}$ , it showed higher hemolysis. Therefore, this extract showed biphasic effect on erythrocytes. In this extract, they did not mention particular compound responsible for its antioxidant and pro-oxidant effect but predicted zerumbone might be responsible for this antioxidant protective effect on erythrocytes. In pursuance of that, the pure zerumbone was tested on human erythrocytes and demonstrated the non-hemolytic nature of zerumbone on human erythrocytes with higher therapeutic index.

### Conclusions:

Zerumbone is a low hemolytic compound with some cytotoxic property against *Artemia*

*ranciscana*, thus this compound possess hemocompatibility capacity to be used as therapeutic agent.

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### Authors' declaration:

- Conflicts of Interest: None.
- We hereby confirm that all the Figures and Tables in the manuscript are mine ours. Besides, the Figures and images, which are not mine ours, have been given the permission for re-publication attached with the manuscript.
- The author has signed an animal welfare statement.
- Ethical Clearance: The project was approved by the local ethical committee in University of Baghdad.

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## تقييم الفعالية التحليلية لمركب الزرمبون في كريات الدم الحمراء وسمية الارتيميا

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### الخلاصة:

لقد ذكر أن لمركب ال zerumbone تأثيرات مضادة للسرطان، مضاد للقرحة، مضاد للالتهابات ومضاد لارتفاع السكر في الدم، ولكن يمكن أن يتأثر غشاء كريات الدم الحمراء باستهلاك المركبات النشطة بيولوجيا من النباتات الطبية. كانت الدراسة الحالية هي التقرير الأول للتحقيق في الفعالية الانحلالية على كريات الدم الحمراء البشرية والتأثيرات السامة لمركب الزرمبون في يرقة نيوبلي الارتيميا. تم تحديد سمية الزرمبون على كريات الدم الحمراء البشرية عن طريق الفحص الانحلالي في المختبر. فضلا عن استخدام اختبار قاتلة يرقة الارتيميا لتقييم التأثير السام للخلايا بفعل المركب بتركيزات 10، 100 و 1000 ميكروغرام / مل. لم يظهر اختبار السمية لكريات الدم الحمراء بفعل المركب تأثيرات كبيرة بالخصوص عند التراكيز المنخفضة منه، في حين تم تضخيم التأثير الانحلالي حتى 17.5% عند اعلى تركيز من الزرمبون (1000 ميكروغرام / مل). وكانت قيمة الجرعة نصف القاتلة لـ 50% من يرقات الارتيميا التي اختبرت لمركب الزرمبون بتركيز أقل من 1000 ميكروغرام / مل ( $LC_{50} = 190 \mu g/mL$ ) تبين الطبيعة السمية العالية لمركب الزرمبون. اوضحت النتائج امكانية اعتماد اختبار السمية العلاجية لهذا المركب كاساس لاختبار هذا سمية المركب لغشاء كريات الدم الحمراء، والتي تمهد مستقبلا لتطوير الدواء.

**الكلمات المفتاحية:** النشاط الانحلالي، السمية، كريات الدم الحمراء، *Zingiber zerumbet*